

# The Restaurant




Breakfast - à La Carte



# à La Carte

## Sweet Delight

**Crêpes**    
plain | nutella 

**Pancakes**    
prepared with your choice of:  
plain | chocolate | nutella 

**Belgian Waffles**  

**French Toast**  

**Porridge**  
milk | water

## Indian Breakfast


**Dosa**  
plain or masala, with vegetable sambar, chutney

## Eggsperimental

### Eggs in Any Style

sunny side up | over easy  
poached | boiled | scrambled

prepared with your choice of:

baked beans | mushroom | pork bacon  | beef bacon |  
sausages (chicken or beef)

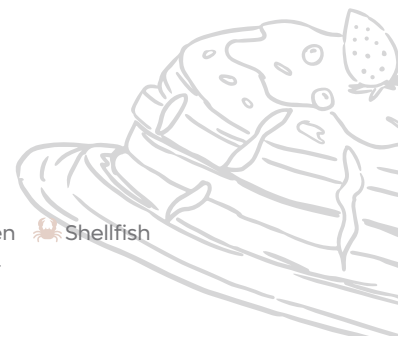
### Omelette

egg white or plain

### Egg Benedict

poached eggs, toasted English muffin, chives,  
salmon or turkey ham, hollandaise sauce

## Morning special



# à La Carte

## Morning special

### Gourmet Eggs

#### "Spirulina"

egg white omelette with spirulina, mozzarella, tomato, rocket leaves

#### "Sol"

spicy egg white omelette with herbs, spring onion with spicy tomato sambal

#### Truffle Scrambled

smooth creamy scrambled eggs, grilled brioche bread

#### French

comte and asparagus

#### Italian

bresaola, mozzarella and tomatoes

#### Maldivian

spicy omelette with sambal

#### Spicy "Thai"

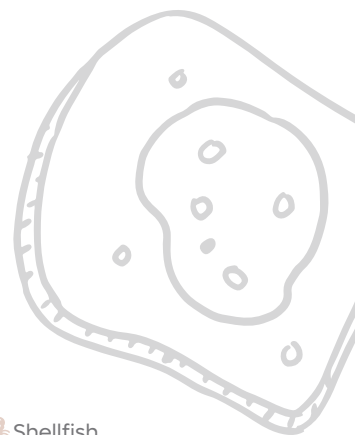
crab meat, coriander served with black vinegar, chilli, soy sauce

#### "Masala"

masala omelette with vegetables and chilli

#### Shakshouka

poached / scrambled eggs in tomato sauce



# Beverage

## Breakfast Smoothie & Protein Shake

### Breakfast High Energy Smoothie

#### Absolute Bananas

bananas, strawberries, spinach, natural flavored yoghurt

#### Mixed Melon Colada

watermelon, rock melon, papaya, mint, ginger, natural yoghurt

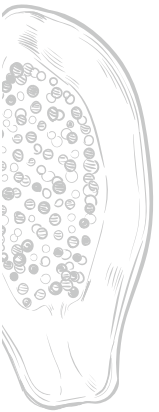
### Protein Shake

#### Banana

banana, semi-skimmed milk, peanut butter, sesame seeds, cinnamon

#### Mango Blueberry

blueberries, mango, Daily Burn® protein powder, vanilla, chia seeds, unsweetened almond milk



## Vitamin Booster & Cleanser

### Booster & Cleanser

#### Carrot

carrot, apple, orange, beetroot, celery, ginger

Nutrients: Beta-Carotene, Vitamin B3, B6 and C, Antioxidants,

Calcium, Folic Acid, Iron, Magnesium, Phosphorous, Potassium, Sculpture

#### Go Green

green melon, green apple and skinned cucumber, spinach, celery, rocket leaves

Nutrients: Vitamins A, B6, C and K, Potassium, Pyridoxine,

Floater, Fibre, Niacin

### Freshly Squeezed Juice

choice of one per person

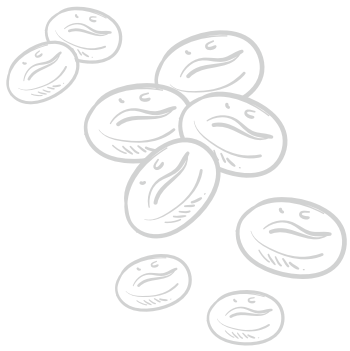
orange

pink grapefruit

pineapple

watermelon





# Beverage

## Hot Beverage

*choice of one per person*

served with milk, skimmed milk, soy milk or almond milk

## Coffee

French press

espresso – single or double

cafe latte

flat white

americano

cappuccino

## Barista Specials

golden Lava

chai latte

match iced latte

hot chocolate

creamy hot cocoa

## Selection of Tea's

brilliant breakfast

pure chamomile flowers

Moroccan mint green

green tea with jasmine flowers

mango & strawberry

single estate darjeeling

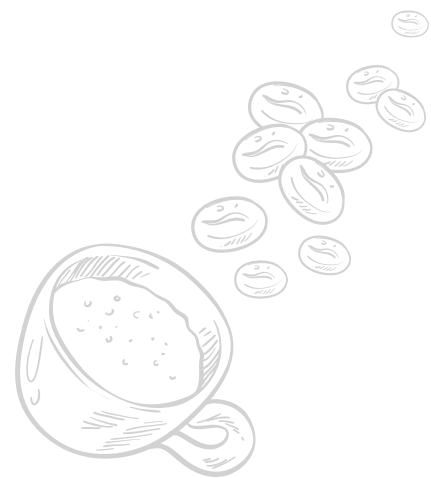
the original earl grey

pure peppermint leaves

ceylon cinnamon spice

rose with French vanilla

ceylon young hyson green



 Vegan  Vegetarian  Nuts  Spicy  Alcohol  Pork  Dairy  Gluten  Shellfish

All prices are in US Dollars and subject to 10% service charge and 16% GST

# The Restaurant Kids Menu

# Kids Menu

0 - 11.99 years complimentary

50% discount on the adult menu is applicable for kids



## Salad & Soup

**Crudites** 11

bell pepper, carrot, cucumber, tomato, dipping sauce

**Chicken Consommé**   13

chicken breast, vegetables, pasta



## Pasta, Rice & Sandwich

### Pasta



Your choice of Pasta, Spaghetti or Penne

Selection of Sauce:

Pomodoro   15

Creamy Tomato   15

Chicken and Mushroom   17

Bolognaise   17

### Fried Rice

Vegetable 15

Egg 17

Chicken 17

### Sandwich

Tuna 17

Chicken 17

served with french fries



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## From The Sea


**Fish Fingers** 17  
served with french fries


**Reef Fish Fillet**  20  
served with french fries


**Tuna Steak**  20  
served with french fries

## From The Land

**Mini Beef Steak**  22  
served with french fries

**Chicken Nugget**  17  
served with french fries

**Baby Puree** pre-order  
**Vegetables**  11  
broccoli, carrot, cauliflower, pumpkin, zucchini

**Carbs & Starch**  11  
quinoa, pasta, potato, white rice

## Dessert

**Cut Fruits** 12

